

Changing a System of Care

Michigan's Experience

The Foundation for Change

- Accepting the chronic disease model of substance use disorders
- Recognize and accept the fact that relapse is a part of the disease
- No longer blame the individual for the disorder

The Decision to Change

FY 2004-2005 ODCP and our regional coordinating agencies recognized the need for a change in direction

- Made a decision to develop a system of care based on a recovery oriented model
- This agreement was paramount in being able to start making changes quickly

The Process of Change

July 2006 we successfully changed the state administrative rules that govern our substance use disorder services.

The Process of Change

The results of the rules changes:

- Added additional treatment service categories of early intervention, case management, peer recovery/recovery support and integrated treatment of co-occurring mental health and substance use disorders

The Process of Change

The results of the rules changes:

- All of the new service categories were identified as being needed to support a recovery oriented system of care
- All coordinating agencies will have these services available by FY 2010
- ODCP has provided technical assistance and policy guidance to establish them

The Process of Change

The substance use and mental health networks are working together on establishing integrated treatment services.

- Implementing the Minkoff and Cline Comprehensive Continuous Integrated System of Care (CCISC) model to assist both service systems in providing care to the COD populations

The Process of Change

- The CCISC initiative covers all areas of the state and each region has a network of individuals who are charged with implementing identified changes to their service system
- This effort is being supported into the next fiscal year

The Process of Change

Currently participating in a NIATx grant effort to improve access to and the welcoming nature of services

- Encourages providers to no longer continue to do something “just because that is how it has always been done”

The Process of Change

The NIATx effort:

- Involves clients in the change process – ask clients about improvements and getting an idea of the services provided from their perspective
- Fix key problems that are related to the goals of the organization

The Process of Change

The NIATx effort (cont.)

- Pick a change leader that can influence improvements and culture change within the organization
- Get ideas from outside organizations to learn about successes and failures
- Initiate change on a small scale, test it, modify as needed, then make permanent

The Process of Change

All of these NIATx activities, in whole or part, will assist an organization in providing better services to clients and in making changes that will be better accepted by clients and staff

The Process of Change

ODCP has made a commitment to improving trainings offered to the providers in the field

The Process of Change

Training efforts:

- In recognizing the effectiveness of Motivational Interviewing, ODCP supported the the participation of 30 select individuals in a train-the-trainer project for this practice with 10 of them ultimately becoming certified trainers for the state

The Process of Change

Training efforts:

- Made online training more accessible to the field through our training contract and as part of our new credentialing process

The Process of Change

Training efforts:

- In FY 2009 ODCP will be implementing another train-the-trainer project on individualized treatment based on the ASAM Patient Placement Criteria
- This will result in 16 clinicians being trained who will in turn began to train the rest of the field within their regions

The Process of Change

What is next?