

Funding Family-Centered Treatment for Women with Substance Use Disorders

Developed for the Center for Substance Abuse Treatment
under Contract with Johnson, Basin and Shaw

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Outline of Presentation

- Family-Centered Treatment for Women with Substance Use Disorders
 - Funding Family-Centered Treatment for Women with Substance Use Disorders
 - Milwaukee County AODA Re-Design and Wiser Choice by Chuck Sigurdson
 - SHIELDS for Families Funding Family Centered Treatment by Kathryn Icenhower, Ph.D., LCSW
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Family-Centered Treatment for Women With Substance Use Disorders: History, Key Elements and Challenges



Principles

- **Family-centered treatment is comprehensive**
 - **Women define their families**
 - **Treatment is based on the unique needs and resources of individual families**
 - **Families are dynamic, and thus treatment must be dynamic**
 - **Conflict is inevitable, but resolvable**
 - **Meeting complex family needs requires coordination across systems**
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Principles

- **Substance use disorders are chronic, but treatable**
 - **Services must be gender responsive and specific and culturally competent**
 - **Family-centered treatment requires an array of staff professionals as well as an environment of mutual respect and shared training**
 - **Safety comes first**
 - **Treatment must support creation of healthy family systems**
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Continuum of Family-Based Services

Women's Treatment With Family Involvement

Services for women with substance use disorders. Treatment plan includes family issues, family involvement

Goal: improved outcomes for women

Women's Treatment With Children Present

Children accompany women to treatment. Children participate in child care but receive no therapeutic services. Only women have treatment plans

Goal: improved outcomes for women

Women's and Children's Services

Children accompany women to treatment. Women and attending children have treatment plans and receive appropriate services.

Goals: improved outcomes for women and children, better parenting

Family Services

Children accompany women to treatment; women and children have treatment plans. Some services provided to other family members

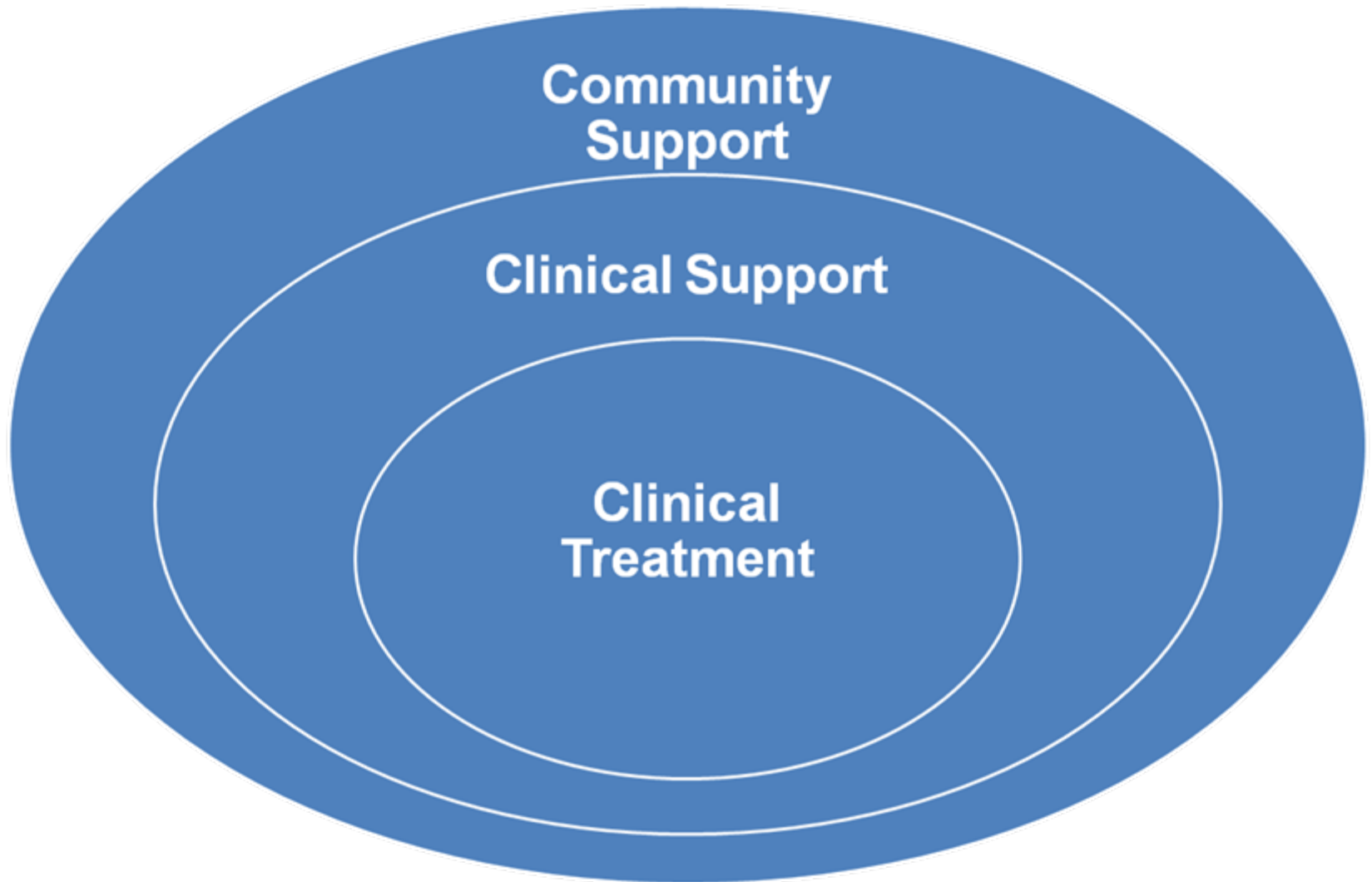
Goals: improved outcomes for women and children, better parenting

Family-Centered Treatment

Each family member has a treatment plan and receives individual and family services.

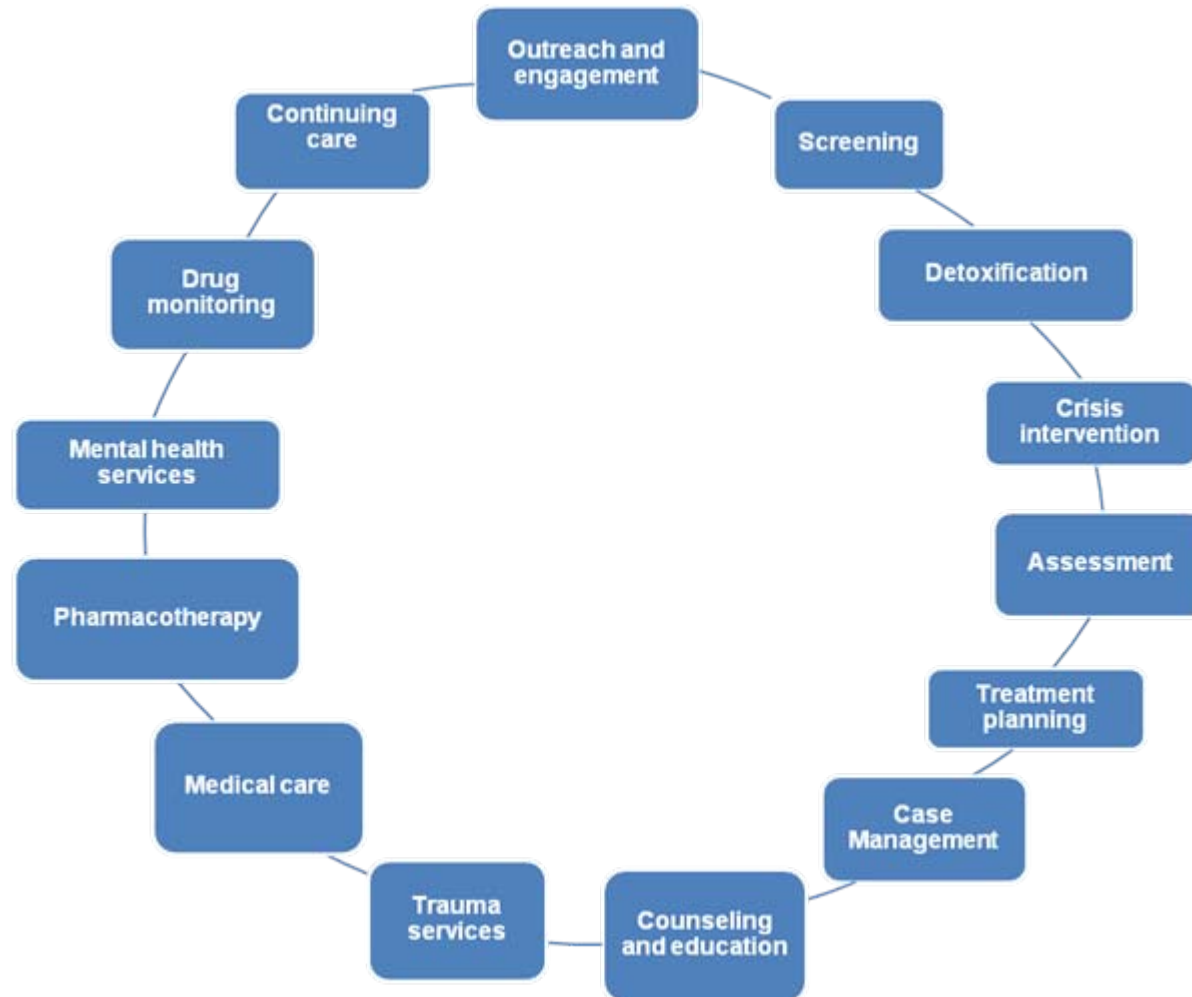
Goals: improved outcomes for women, children, and other family members; better parenting and family functioning

Inter-related Components



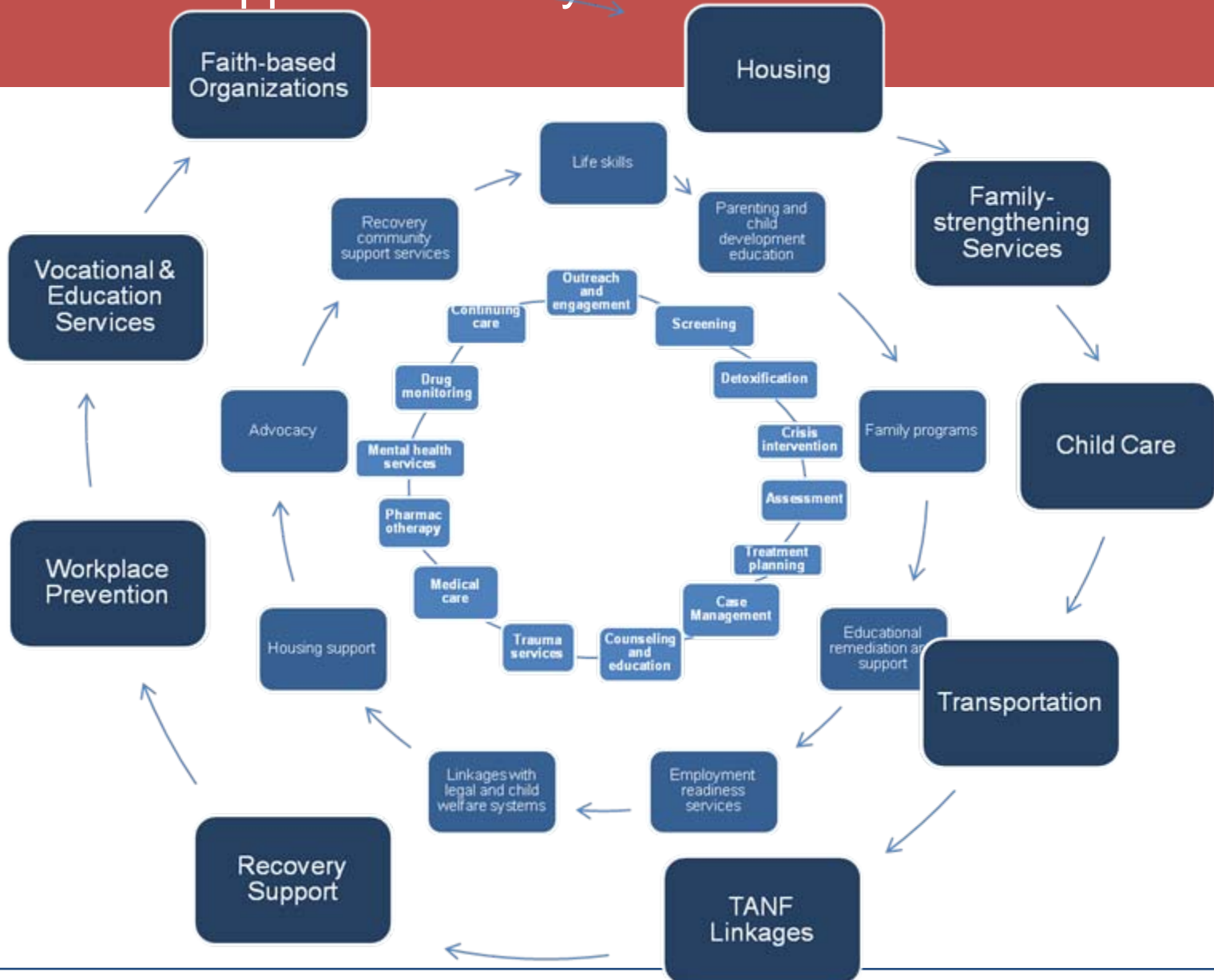
Clinical Treatment Services

Address Medical and Biopsychosocial Issues

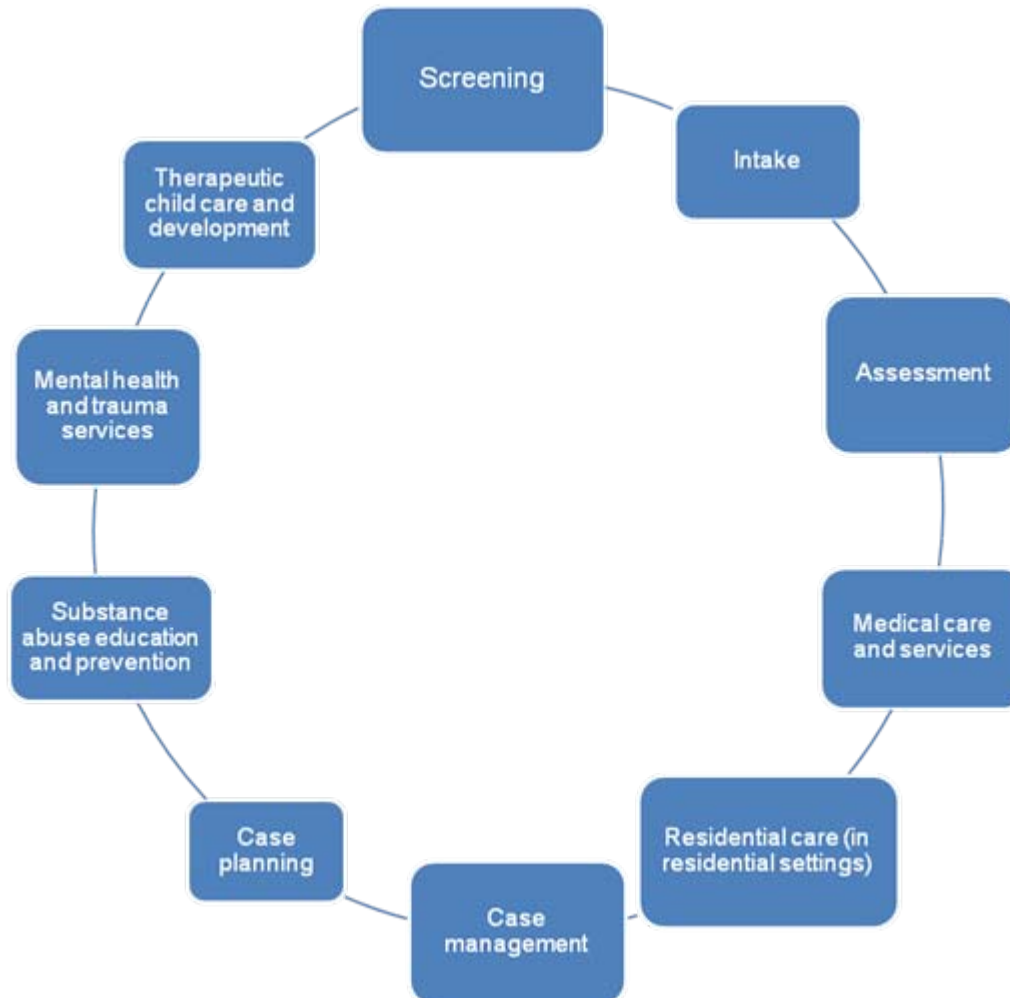


Community Support Services

Support Recovery and Maintenance



Children's Clinical Treatment Services





FUNDING FAMILY-CENTERED
TREATMENT FOR WOMEN
WITH SUBSTANCE USE DISORDERS



Purpose

- To identify strategies to
 - Increase funding flexibility
 - Maximize revenues
 - Optimize the efficiency of existing resources
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Funding Family Centered Treatment

- By...
 - Detailing Federal and State funding sources that could support treatment services for women and their families
 - Highlight the experiences and insights of SHIELDS for Families
 - Provide concrete, next-step starting points
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Prerequisite to Funding
Strategies:
Taking Stock of Your
Program and Community

Understand Existing Funding Streams

- How they flow into their communities
- How they are currently allocated among different service providers
- How they might be better allocated to meet needs
- What is needed to tap into those existing resources

Taking Stock of Your Program and Community

Who are my clients and what are their needs?

- Changes over time
 - “Financing for what?” Understand and correctly prioritize clinical treatment and support services
 - Use case reviews, surveys or focus groups to find out what services were most/least useful, and needed but not received
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Taking Stock of Your Program and Community

What services do we currently provide to meet parents' needs, and where do we fall short?

- What about others in the community that serve our parents
 - Comparing parents' priority needs with existing program services
 - Parents are typically involved with other community service systems
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Taking Stock of Your Program and Community

What funding and other resources in the community are currently used to fund these services?

- Are those resources sufficient to achieve intended outcomes
 - How can the agency's resources be combined with others to achieve greater impact
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Taking Stock of Your Program and Community

What funding and other resources in the community are currently used to fund these services?

- Create an inventory of what other resources and services already exist in the community and the total level of public and other dollars flowing into the community to support those services
 - Identify who controls these resources
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Taking Stock of Your Program and Community

To what extent can we tap into these existing sources?

- What partnerships need to be established
 - Identify potential collaborators
 - Initiate discussions about which service providers have the capability and capacity to offer which services
 - Develop an interconnected service delivery system that reflects family and community needs
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Taking Stock of Your Program and Community

Should we—can we—offer services ourselves?

- If the resource mapping identifies significant unmet service needs, providing services in-house may best meet family needs
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Taking Stock of Your Program and Community

Should we—can we—offer services ourselves?

- Internal planning and decision-making considers:
 - Do we have the appropriate facilities, technology, licensing, qualified staff, and prior experience
 - How will we accommodate budget/program growth
 - Do we use our own staff, employ additional staff, or bring in outside contractors
 - What are the expected savings, benefits, and outcomes
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Strategies to Create Unified Financing

- Increasing Funding Flexibility
 - Maximize Revenues
 - Optimize the Efficiency of Existing Resources
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Increasing Funding Flexibility

- **Decategorization**
 - A Federal- or State-level strategy used to reduce or eliminate categorical funding stream constraints
 - **Pooled or Blended Funding**
 - Formally combine a portion of funds from several agencies or sources into a single funding stream
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Increasing Funding Flexibility

- **Braided Funding**
 - Used to obtain or weave together multiple funding sources to create and support comprehensive services
 - **Wraparound**
 - A process in which clients receive a full range of services to meet their needs
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Strategies to Maximize Revenues

- **Leveraging**
 - Maximize Federal funding by taking advantage of Federal programs that provide matching funds contingent on State/local/private spending
 - **Refinancing**
 - Maximizing use of Federal entitlement funds to pay for services financed with State/local funds
 - **Administrative Claiming**
 - Making use of available child welfare and Medicaid administrative funds
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Strategies to Optimize Efficiency of Existing Resources

- **Redeployment**
 - Move funding from higher cost remedial services to lower cost prevention and early intervention
 - **Reinvestment**
 - Identify cost savings generated by effective programs and reinvesting those savings
 - **Redirection**
 - Identify the least effective programs and redirect resources to more effective programs with documented results
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Primary Federal Funding Types

- Entitlement Programs
 - Open-ended, uncapped appropriations to all individual who meet eligibility criteria (Medicaid, Title IV-E)
 - Formula or Block Grants
 - Capped appropriations to States or localities based on established formulas (SAPTBG)
 - Discretionary Grants
 - Capped appropriations for specific programs under competitive awards (PPW, Regional Partnership Grants)
 - Direct Payments
 - Capped appropriations to individual beneficiaries (SSI, Section 8)
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Primary Federal Sources for Adults

Substance Abuse
Prevention &
Treatment Block
Grants - SAPTBG

Temporary
Assistance for
Needy Families -
TANF

Medicaid

Workforce
Investment Act

Community-Based
Child Abuse
Prevention
Program

Child Welfare
Services IV-B,
Subparts I & II

Developmental
Disabilities Basic
Support and
Advocacy Grants

Community
Mental Health
Services Block

Community
Services Block
Grant

Maternal and
Child Health Block
Grant- Title V

Social Services
Block Grant

Community
Prevention
Incentive Grants –
Title V

Family Violence
Prevention and
Services

Housing
Opportunities for
Persons with AIDS

HIV Care formula
Grants

Project for
Assistance in
Transition from
Homelessness

Residential
Substance Abuse
Treatment for
State Prisoners

Primary Federal Sources for Children and Youth

Substance Abuse Prevention & Treatment Block Grants - SAPTBG

Temporary Assistance for Needy Families - TANF

Community-Based Child Abuse Prevention Program

Child Abuse and Neglect State Grants

Child Welfare Services IV-B, Subparts I & II

Promoting Safe and Stable Families IV-B, subpart 2

Child Care and Development Fund/child care and Developmental Block Grant

Medicaid/Early and Periodic screening, diagnostic, and Treatment Program

State children's Health Insurance Program (SCHIP)

Individuals with Disabilities Education Improvement Act (IDEA)

Developmental Disabilities Basic Support and Advocacy Grants

Community Mental Health Services Block

Community Services Block Grant

Maternal and Child Health Block Grant-Title V

Social Services Block Grant

Chafee Foster Care independence Program

Juvenile Accountability Incentive Block Grants

Community Prevention Incentive Grants – Title V

Family Violence Prevention and Services

HIV Care formula Grants

Details for Each Funding Source

- Responsible Federal Agency
 - General Description/Overview
 - Type of Funding
 - How Funds are Managed
 - Eligible Populations
 - Use of Funds
 - How Substance Abuse Treatment Providers can Leverage These Funds
 - Important Restrictions
 - Special Notes
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Guiding Principles and Specific Steps

- Ensure family's needs drive the funding search
 - Map and track funding streams
 - Develop collaborative relationships at all levels
 - Ensure funding is diversified
 - Customize the approach and prioritize targets
 - Promote the connections between funding and outcomes
 - Work to change the rules and the priority given to substance abuse treatment funding
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Requirements for Sustainability

- **Products**
 - The program or initiative to be sustained
 - **Financial**
 - The potential of revenue source
 - **Political and Community Support**
 - Outcomes to justify investment
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To Order a Copy or Obtain Website Address for White Papers

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Irvine, CA 92620
714.505.3525
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Both papers can be downloaded from the
CSAT Treatment Improvement Exchange
website at

<http://womenandchildren.treatment.org>
