

Challenges & Opportunities In Implementing Recovery-Oriented Systems of Care

Presented By:

Beverly Haberle, M.H.S., L.P.C.

Project Director, PRO-ACT

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Ambassadors for Recovery

Our Philadelphia Story

- PRO-ACT's Involvement In The City Of Philadelphia's Transformation To A Recovery-Based Approach
- PRO-ACT's Experience Providing Peer-To-Peer Recovery Services
- PRO-ACT's Experience Doing Policy Work



Background

- 31 Years Community Mobilizing, Advocacy, And Provision Of Recovery Support Services Throughout Five County Southeast Pennsylvania
- An Affiliate Of The National Council On Alcoholism And Drug Dependence (NCADD)
- 1998 RCSP Recipient, Helped Grow PRO-ACT (Pennsylvania Recovery Organization – Achieving Community Together)



**Five strategies to support our belief &
Five volunteer-driven committees with common goals:**

***Reduce stigma, Give back to community &
Build relationships to strengthen recovery:***

**Amends
In Action**

**Recreation
&
Celebration**

**Recovery
Support
Services**

**Educating
The
Community**

**Public
Policy**



Philadelphia Transformation

- 1999 Philadelphia PRO-ACT Chapter Established
- Hosted Social Events, Trainings, Health Fairs, Star Brunch, Billboard, And Recovery Walk
- Community Engagement, Organizing And Educational Activities
- Recovery Community Needs Assessment Surveys



PRO-ACT Volunteers in Action and Honored



Philadelphia Transformation

- January 2005 – Met With Dr. Arthur Evans. Discussed Potential Partnership To Enhance Recovery In The City. Recognition Of Shared Vision
- DBH/OAS Provided Financial Support For PRO-ACT To Expand Activities Within The City
- October 2005 - Opened And Staffed Philadelphia Office



Philadelphia Transformation

- PRO-ACT Becomes Part Of Transformation Planning Committees
- Co-Hosted Dinner For 350 Recovery Community Members To Kick Off Transformation
- Co-Hosted Transformation Kick-off Provider Training With Keynote Speaker Bill White



Philadelphia Transformation

- PRO-ACT Members Part Of Recovery Advisory Committee That Helped Develop Shared Understanding Of Recovery And Nine Core Values That Would Guide The System Transformation Process In Both Mental Health And Addiction Services
- Participated In Dialogue About How Practices Would Need To Change



Top Down Support

- ❑ Increases Pride, Value, And Celebration Of Recovery
- ❑ An Attitude That The Recovery Community Is Part Of The Team
- ❑ Agenda Item At Many Providers' Meetings
- ❑ Support And Participation In All Community Events



Transparency and Trust

- ❑ PRO-ACT Staff And Volunteer Hold A Seat On The Office Of Addiction Services (OAS Advisory Board)
- ❑ Part Of Planning With Southeast Mental Health Association Peer Specialist Training Curriculum To Meet Needs Of Those Serving Individuals With Co-Occurring Disorders
- ❑ Screening For Potential Peer Specialist Candidates



Transparency and Trust

- ❑ Planning For Roles And Job Descriptions For Those With Primary Drug And Alcohol Diagnosis
- ❑ Pilot For Recovery Specialist Positions
- ❑ Co-Chair Consumer And Family Task Force



Philadelphia Peer Leadership Academy

- ❑ 26 Week Training Persons In Recovery To Become Leaders In The Recovery Transformation Initiative
- ❑ Cooperative Effort Encompassing Mental Health, Substance Dependence, And Co-occurring Recovery
- ❑ College Level Coursework With Credits Provided



Philadelphia Peer Leadership Academy

Interpretations As Results Of Focus Groups

- How many hours would you estimate you have volunteered in the community during the past nine months of PPLA, over and above class attendance?
 - Total: 740 hours
 - Giving back to the community is a central element in the PPLA mission. To see this level of volunteerism from a group of people many of whom have jobs, with few exceptions, is very encouraging
- How many hours would you estimate you have volunteered in the six months PRIOR to the PPLA?
 - Total: 435 hours
 - The level of volunteerism has increased 40% during the PPLA experience
- How many presentations have you made to groups in the community using information you have learned from being a part of the PPLA
 - Total: 40 Presentations
 - PPLA members are “telling their story”, including information learned during PPLA



Parallel Processes

PRO-ACT

- Engage
- Educate
- Activate
- Support

Mobilize

Collaborate

Initiate

DBH/OAS

- Align
- Coordinate
- Integrate



Ambassadors For Recovery

Collaborative Planning

- ❑ Road Trip To Explore Community Recovery Centers In Connecticut
 - ❑ Staff From BHS
 - ❑ Staff From PRO-ACT
- ❑ Identify Vision Team Members To Develop Philadelphia Model Recovery Community Center



The Philadelphia Recovery Community Center

- The Philadelphia Recovery Community Center (PRCC) Is A Collaborated “Pilot Program” Between The City Of Philadelphia Office Of Addiction Services (OAS) And PRO-ACT
- OAS And PRO-ACT Agreed That The PRCC Could Be The Innovative Framework Through Which Peer-based Recovery Support Services Could Be Delivered
- A Visionary Team Was Developed To Formulate The Mission Insure The Birth Of The PRCC and Provide Ongoing Oversight.



The Philadelphia Recovery Community Center



A Place To Provide Hope, Health And Healing To Individuals And Families Affected By The Disease Of Addiction



The Philadelphia Recovery Community Center Peer Driven/Peer Led Recovery Support Services

- Life Skills Education
- Recovery Coaching
- Recovery Plan Development
- Practical Problem Solving
- Employment Help / Job Search / Resume Development
- Career Transitions
- Family Support & Relationship Enhancement
- Parenting
- Special Interest Support Groups
- Leisure Activities



The Philadelphia Recovery Community Center

Facility Use Data

December 2007 – June 2008 1st Seven (7) Months Operations

Month	Visitors	Workshops Offered	Workshop Participants	Trained Volunteers	Volunteer Hours	Referral Calls	Recovery Support Service Hours Provided
December	320	3	15	0	40	12	N/A
January	163	9	64	11	63	47	N/A
February	200	22	60	6	90	60	N/A
March	127	20	37	3	90	60	N/A
April	401	24	50	11	100	14	76
May	503	50	106	4	100	34	100
June	631	54	165	7	36	14	152.5
Total	2345	182	497	42	519	206	328.5



Research Targets

- Evaluation Tracking Domains
 - Drug And Alcohol Use
 - Family And Living Conditions
 - Education, Employment, And Income
 - Crime And Criminal Justice Status
 - Mental And Physical Health And Treatment/Recovery
 - Social Connectedness
- To Understand What Happens Between Baseline And Follow-up And Link Outcomes To Type And Amount Of Services Provided



Research Targets

Asset Mapping System Also Enables Us To:

- Identify Community And Individual Strengths, Needs And Interests
- Plan Programs That Are Meaningful To Potential Participants
- Engage Volunteers, Participants, And Community Groups Based On Their Own Unique Strengths And Interests
- Link Community Members With Common Skills And Interests, And Create Stronger Recovery-oriented Networks



Research

Research Needs To Help Us Learn More About The Effectiveness Of Recovery Support Services And To Be Able To Determine If There Are Some Better Delivered By Peers Than Others.



Public Policy Experience

- Local Involvement In Policy Development
- Policy Education – Giving Voice To Issues That Effect Individuals And Families
- Fighting Stigma And Discrimination
- Advocating For Individual Rights
- Act 106
- Parity
- Second Chance Initiative



Philadelphia Leadership and PRO-ACT

- Acknowledges The Importance Of Supporting The Mobilization Of A Constituency Of Consequence
 - To Help Facilitate Political Clout
 - To Provide Funding For The Full Continuum Of Support And Services Required
 - To Increase The Potential Of Long Term Recovery For Individuals And Families Suffering With The Disease Of Addiction



Above and Beyond the Call of Duty



Ambassadors for Recovery

CHALLENGES

- A new approach
- Coordination with Treatment Providers
- Sustaining/Availability of Funding
- Ongoing support and supervision for peers, providing one on one activities
- Time needed to mobilize, train, and support recovery community into a high functioning entity



Contact Information

PRO-ACT

Beverly J. Haberle
Project Director

252 W. Swamp Road, Suite 12
Doylestown, PA 18901

Phone: 215-345-6644

E-mail: bhaberle@bccadd.org

