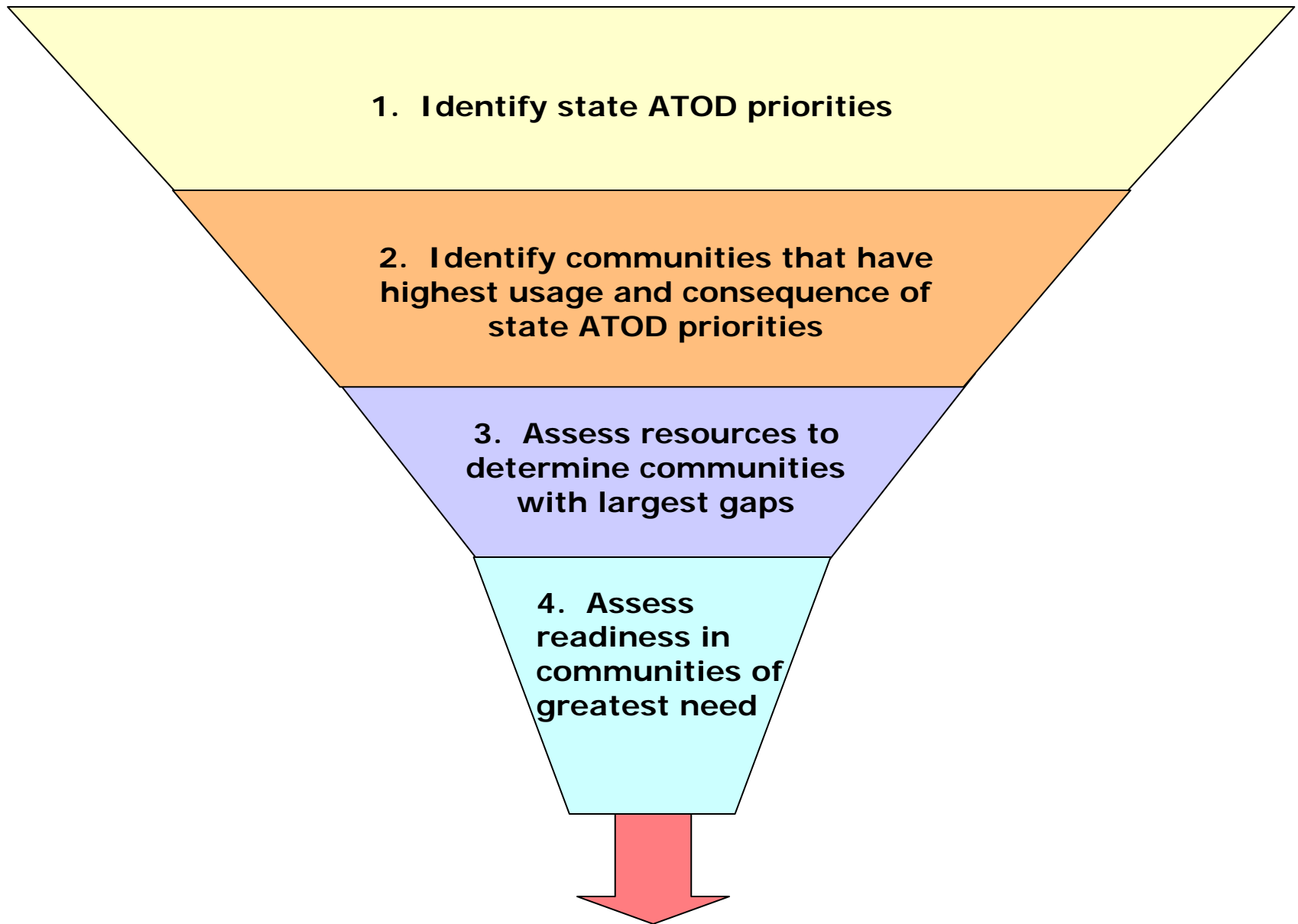


***Building State Prevention Systems
Through Training
And
Technical Assistance***



End Results: SPF/SIG Communities are selected

Findings of KY's Epidemiological Workgroup 2005

Drugs of focus:

- ❖ Underage Drinking
- ❖ Tobacco
- ❖ Inhalant Use
- ❖ Methamphetamine Use
- ❖ Diverted Pharmaceuticals

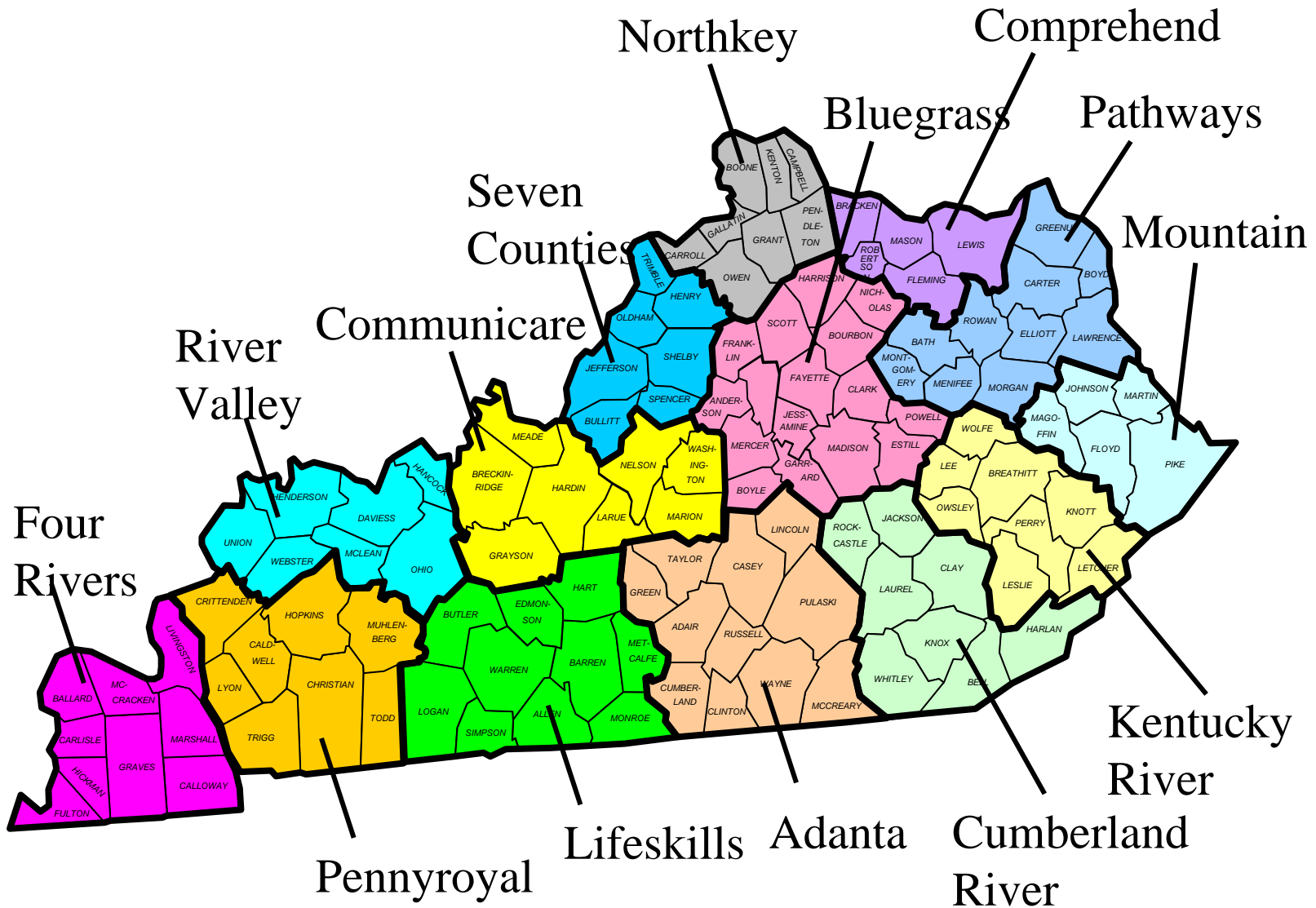
Counties of prevalence:

- Owen County
- Owsley County
- Clay and Monroe Counties
- Ohio and Muhlenberg Counties
- Letcher and Clinton Counties

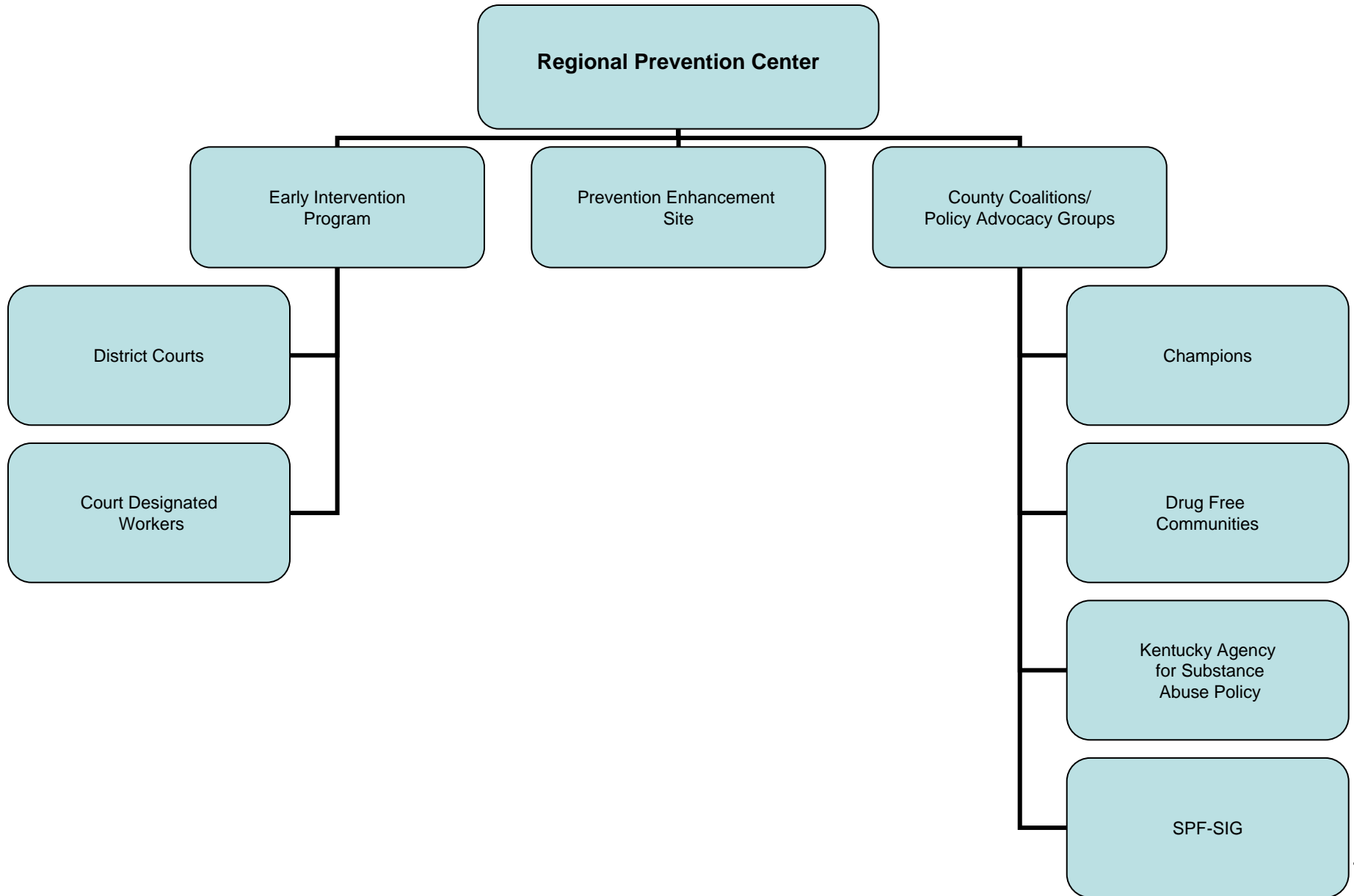
Kentucky's Prevention Resources

- ❖ Regional Prevention Centers
- ❖ Prevention Enhancement Sites
- ❖ Kentucky School of Alcohol and Other Drug Studies
- ❖ Prevention Academy
- ❖ Kentucky Certification Board for Prevention Professionals

Kentucky's Regional Prevention Centers



Roles of Regional Prevention Centers



KY's SPF Master Trainer System

Vision:

A cadre of Master Trainers with the knowledge and skills to serve as community facilitators who can build capacity in communities statewide to implement and sustain the SPF process

Mission

Develop a statewide training/TA system that can train and support Master Trainers to train communities and RPC staff as needed

The Master Trainer

- ❖ Chosen from the Regional Prevention Centers
- ❖ CPP required
- ❖ Required to attend all state trainings on the 5 steps of the SPF; dedicate approximately 9 months to the process

Master Trainer Roles

- ❖ Give input on tools/protocols to be used in the community SPF process
- ❖ Build capacity of RPC staff through training and mentoring on the SPF
- ❖ Assist coalition to fill data gaps based on the initial findings of the Epi-workgroup
- ❖ Assist in community readiness assessments
- ❖ Assist coalition in hiring the Community Coordinator
- ❖ Provide mentoring and TA to the Community Coordinator

Master Trainer Workshops

- ❖ Orientation
- ❖ Seven SPF specific over a 9-month period.
 - ✓ One workshop per step (two for capacity building).
 - ✓ Approximately 2 days were dedicated to each.
- ❖ Cultural Competence
- ❖ Sustainability

Tools used in training

- ❖ Online training modules
- ❖ Bound training workbook
- ❖ Workshops at various state parks
- ❖ Conference calls
- ❖ Field work (state site visits and individualized community training sessions)

Participating Trainers

- ❖ SECAPT
- ❖ State Prevention Staff
- ❖ REACH of Louisville
- ❖ Master Trainers

The Community Coordinator

The Community Coordinator

- ❖ Resides and has an office in the SPF-funded county
- ❖ Understands cultural issues within the county
- ❖ Has a vested interest in effectively addressing the indicated drug of abuse.
- ❖ Is interviewed and hired by the coalition
- ❖ Is salaried at \$100% FTE
- ❖ Must attain a CPP within 2 years of hiring

Community Coordinator Roles

- ❖ Provide input on tools/protocols to be used in the community for the SPF process
- ❖ Build capacity in the coalition through SPF training and mentoring
- ❖ Assist the coalition to gather data and fill any gaps using the initial Epi-Workgroup report
- ❖ Be entrenched in the coalition's development of a SPF strategic plan
- ❖ Mentor and provide TA to local community leaders
- ❖ Monitor and report the progress of SPF implementation activities to state staff

Community Coordinator Roles (continued)

- ❖ Serve as a direct link between the coalition and the state
- ❖ Is responsible for quarterly reports to the state
- ❖ Is charged with the coordination of monthly coalition meetings that are guided by the strategic plan
- ❖ Must be able to guide the coalition in the implementation of all 5 steps of the SPF.
- ❖ Must be able to suggest necessary adjustments to the strategic plan if so indicated by data.

Community Coordinator Roles (continued)

- ❖ Is responsible for ensuring that all coalition members are familiar with the SPF
- ❖ Is responsible for ensuring that all coalition members understand their strategic plan
- ❖ Ensures that all coalition members are given an opportunity to collaborate in the writing of and the implementation of the strategic plan
- ❖ Finds specialized training resources when necessary
- ❖ Must look toward and work for sustainability of the coalition

Training the Community Coordinator (State role)

- ❖ Provide SPF orientation that includes Community Coordinator role descriptions and expectations
- ❖ Provide a SPF 101 (open to all)
- ❖ Provide a strategic planning workshop (open to all)
- ❖ Provide a sustainability workshop (open to all)
- ❖ Provide semi-annual meetings for all Coordinators, that include TA and an opportunity to exchange information
- ❖ Be readily accessible to provide individualized technical assistance, and guidance to each Coordinator
- ❖ Provide open lines of communication to each

Training the Community Coordinator

(Master Trainer Role)

- ❖ Provide one-on-one technical assistance with initial introduction of the Coordinator into the coalition
- ❖ Assist in finding office space for the Coordinator
- ❖ Assist in writing the strategic plan
- ❖ Train the Coordinator in the data entry process
- ❖ Serve as a direct link between Community Coordinator and the state.
- ❖ Schedule regular one-on-one meetings for updates and technical assistance.
- ❖ Monitor the coalition's SPF progress under the guidance of the Coordinator

The state, the communities and technical assistance

- ❖ State staff and (if possible) the evaluator should always be viewed as a partner in each coalition.
- ❖ State staff is available to each coalition for TA in their strategic planning efforts and budget management
- ❖ State staff has a clear understanding of each strategic plan, including changes and updates.

The state, the communities and technical assistance (continued)

Annual All-Coalition Meeting

- ❖ Hosted by the state
- ❖ Held at a central location
- ❖ Open to all SPF coalition boards and (up to 5) community members from each
- ❖ Provides:
 - ✓ An opportunity for the state to offer TA
 - ✓ Coalitions to offer TA
 - ✓ An opportunity for all coalition boards and community members to meet and exchange strategies, successes and lessons-learned
 - ✓ An experience in cultural diversity
 - ✓ A view of the Commonwealth's SPF “big picture”

Additional Thoughts...

- ❖ It's vital that the evaluator be perceived as a (state) partner for each coalition.
- ❖ The evaluator should work hand-in-hand with each coalition helping them to develop a yearly strategic plan whose outcomes are viable for evaluation.
- ❖ Semi-annual site visits to each coalition allows state staff to monitor as well as provide TA to the progress/process of that strategic plan.

Lessons from The Field

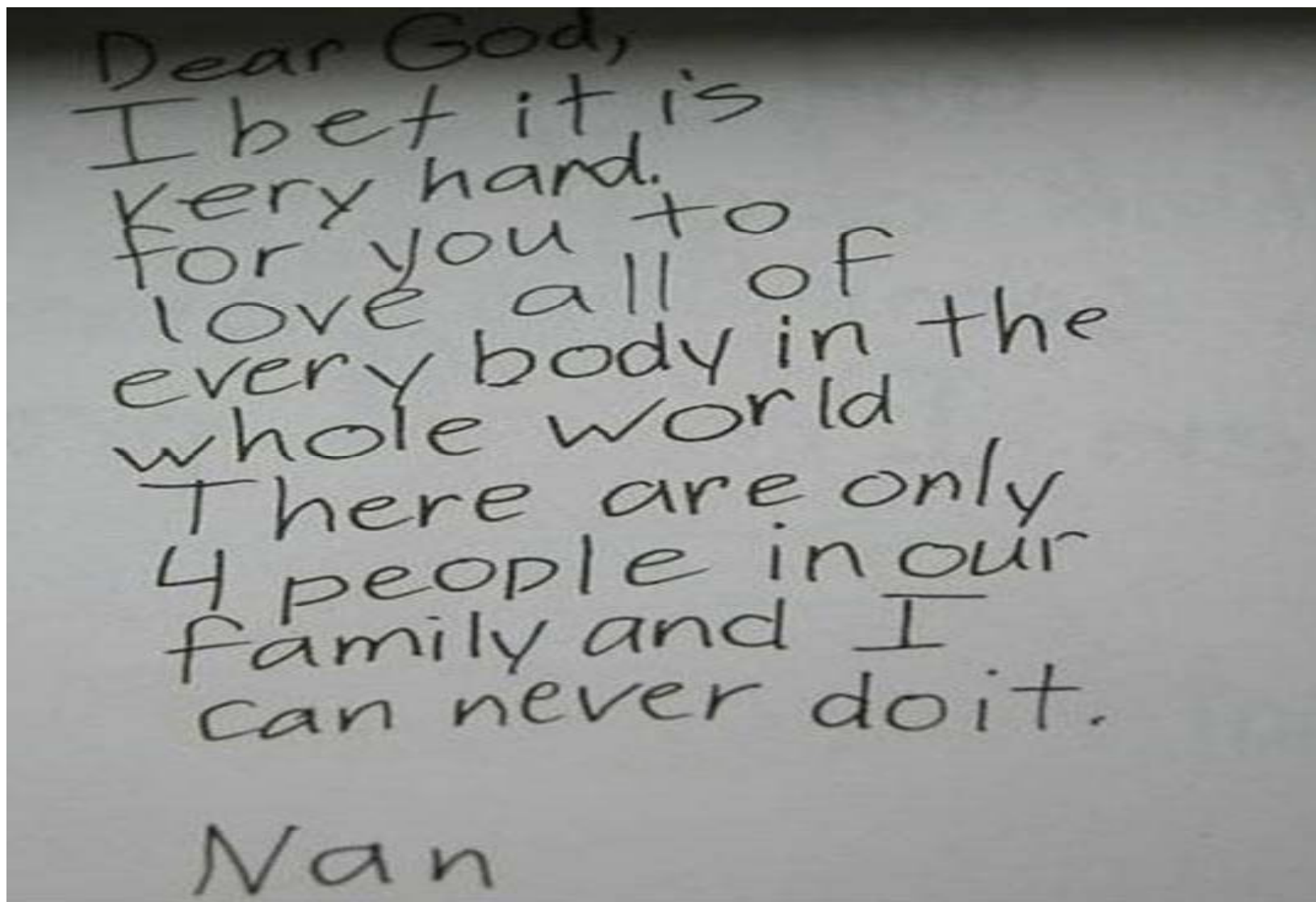
- Training can't fix "attitude." Persons who strive only to promote their own agendas and opinions will not have the energy nor the capacity to focus on the common goal. In addition, these individuals may not willingly accept training efforts that do not pertain to their specific objectives.
- It's difficult to change cultural beliefs and traditions. Training from an "outsider" will probably always be valued as *training from an outsider*

Lessons from The Field (continued)

- ❖ The state should always have a vested interest in each coalition, providing TA and support in guided decision making and communication.
- ❖ Not every participant will agree with the trainer's methods or beliefs. However, if potential disagreements arise "Never wrestle with a pig. You'll both get dirty and only the pig will enjoy it"

And finally, keep in mind that....

*Prevention systems are not easy to build;
challenges should not be viewed as failures!*

A photograph of a chalkboard with handwritten text in white chalk. The text is written in a cursive, slightly slanted style. The background is a dark, textured surface, likely the chalkboard itself. The text is arranged in several lines, with some words spanning across lines. The overall tone is one of frustration or a plea for help.

Dear God,
I bet it is
very hard
for you to
love all of
every body in the
whole world
There are only
4 people in our
family and I
can never do it.
Nan