

# System Transformation: A Recovery Revolution



Philadelphia Department of Behavioral Health  
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State Systems Development Program (SSDP VIII) Conference:  
Partnering to Support Recovery- Oriented Systems of Care  
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# The Conceptual Overview

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- Why transform systems to Recovery Oriented Systems of Care (ROSC's)
- Defining ROSC's
- What is System Transformation
- Examples

# The Conceptual Framework



Why Recovery Oriented  
Systems of Care?

What is System Transformation?

# Why Implement Recovery Oriented Systems of Care

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- Growing recognition that service systems must be better aligned with what we know and understand about addiction
- Moving from an acute care model to a recovery management model
- Recognizing that addiction is a chronic condition that requires long-term support

# Why Implement Recovery Oriented Systems of Care

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- ❑ Addiction is characterized by denial and ambivalence about seeking help, therefore a low threshold for entrance into the treatment system is needed
- ❑ Governments have a variety of complex social issues that require innovation and cross-systems strategies

# What is a Recovery Oriented System of Care?

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- Bill White's 16 Recovery Management Principles
- Principles articulate how service systems should operate if they are aligned with what is understood about addiction
- Guide for systems development

# Transformation vs. Change

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- ❑ A business changes when it repackages the same product, an organization transforms when it no longer expects the same product and repackages itself
- ❑ Becoming transformed is agreeing to not knowing or deciding but supporting

# Chameleons Change



# Caterpillars Transform

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# From Driving to Riding and Paying for the Gas

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# System Transformation

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## □ What is it?

- Recognition that systems are not working effectively enough for the people they serve
- Identification of those things that are limiting effectiveness – tx gaps, health disparities, etc.
- Build consensus on a plan to address those limits and creation of new paths
- Implementation of that Plan
- Ongoing evaluation of the effectiveness with ongoing changes as needed

**ALL DONE WITH THE PEOPLE BEING SERVED**

# Goals of System Transformation

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## **Systems transformation seeks to:**

1. connect treatment to the larger and more enduring process of recovery
2. to transition from brief experiments in recovery initiation to stable recovery maintenance, and
3. to connect institutional treatment to the communities it serves.

# Responding to Warning Signs



# Before Its Too Late



# *What's Wrong With The Way Things Are Now?*

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## □ Precontemplation:

- Treatment providers have been expected to treat a chronic disease with acute care interventions and have done extraordinary things with ordinary resources.
- Based upon fragmented expectations fragmented continuums result in fragmented outcomes

# Is It Worth It?

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## □ Contemplation

- Many who need treatment do not get treatment 22/4
- Many of those who enter treatment leave within the first three weeks
- Many who complete a level of care do not connect to the next level
- We know that many do not sustain the benefits of treatment
- Many relapse into acute levels of care

# What is a System To Do?

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- Determination : Presupposed by stress and tension
  - Acute Care Models lack consistency of sustainability
  - Information supports not just change but transformation

# Getting Ready to Do

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- Action: Must be presupposed by the acceptance that a client centered focus begins with clients at the center of the process.

# What Is Necessary to Successfully Transform

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- Maintaining momentum through
  - Training and education
  - Partnering and Empowering
  - Spreading and Sustaining

# Are We There Yet?

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- Recycling: Problems and obstacles test transformation resolve. Staying committed to the intention

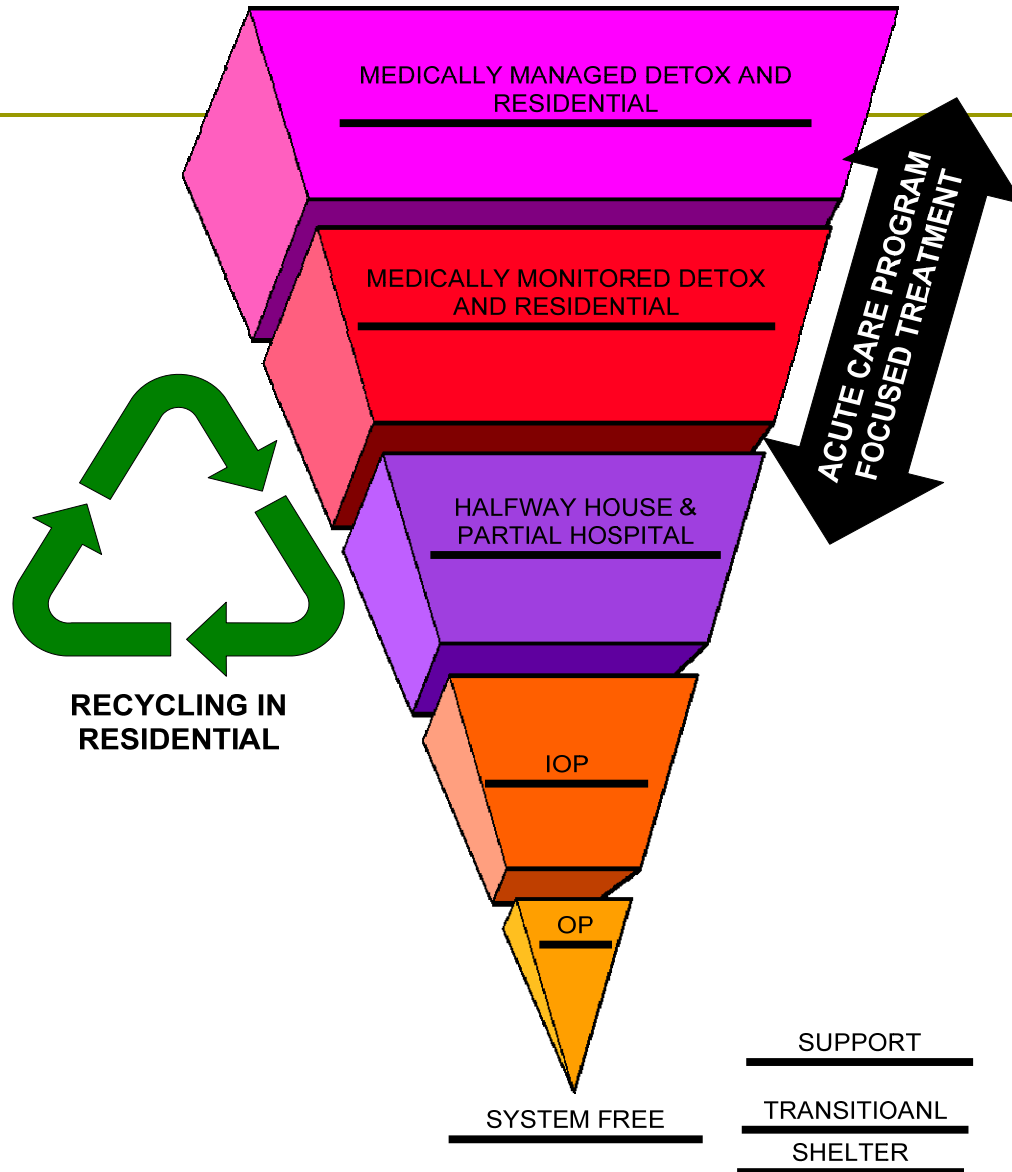
# Conceptual Shift

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Examples

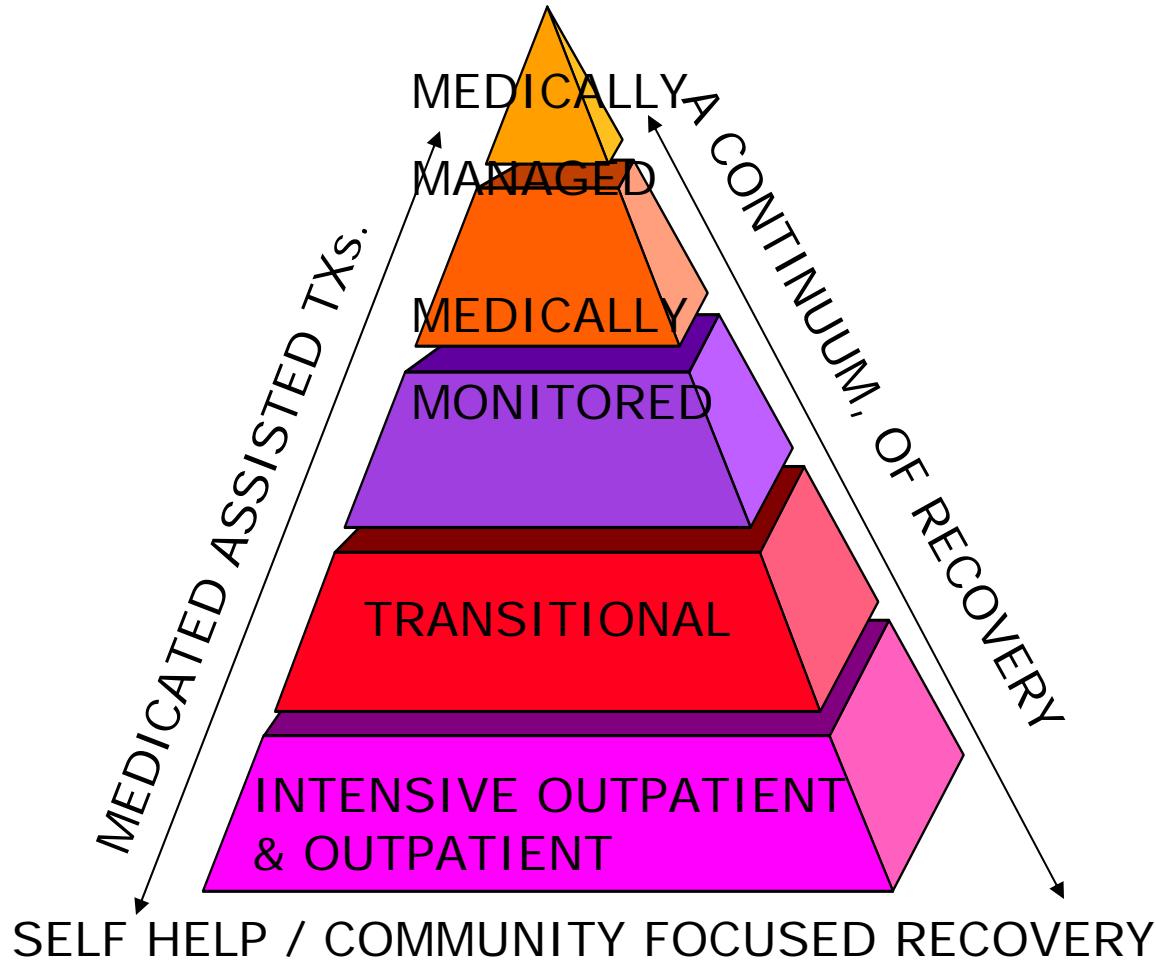
# TRANSFORMING THE CONTINUUM

Subtitle



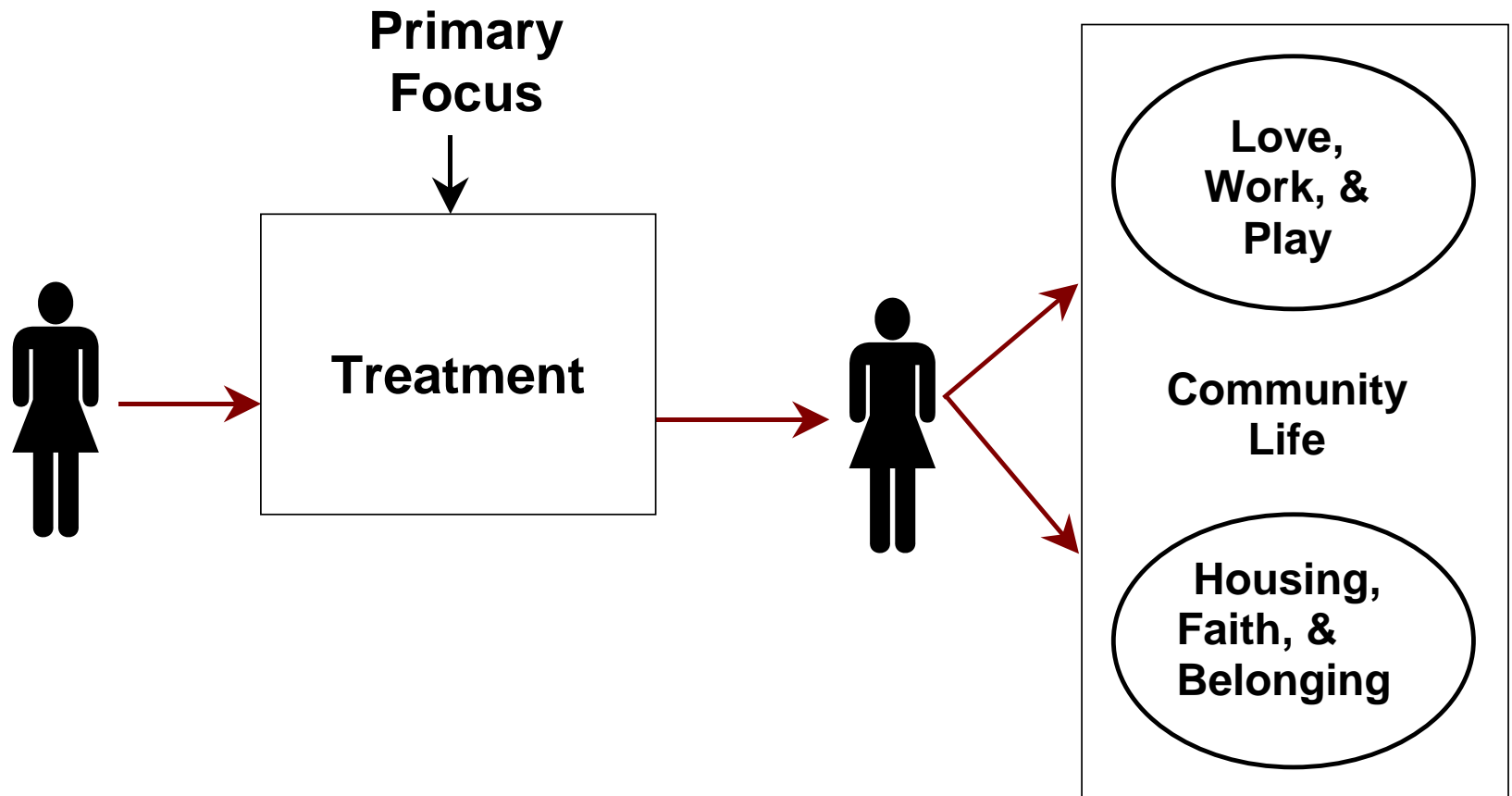
# RESOURCES SUPPORTING RECOVERY

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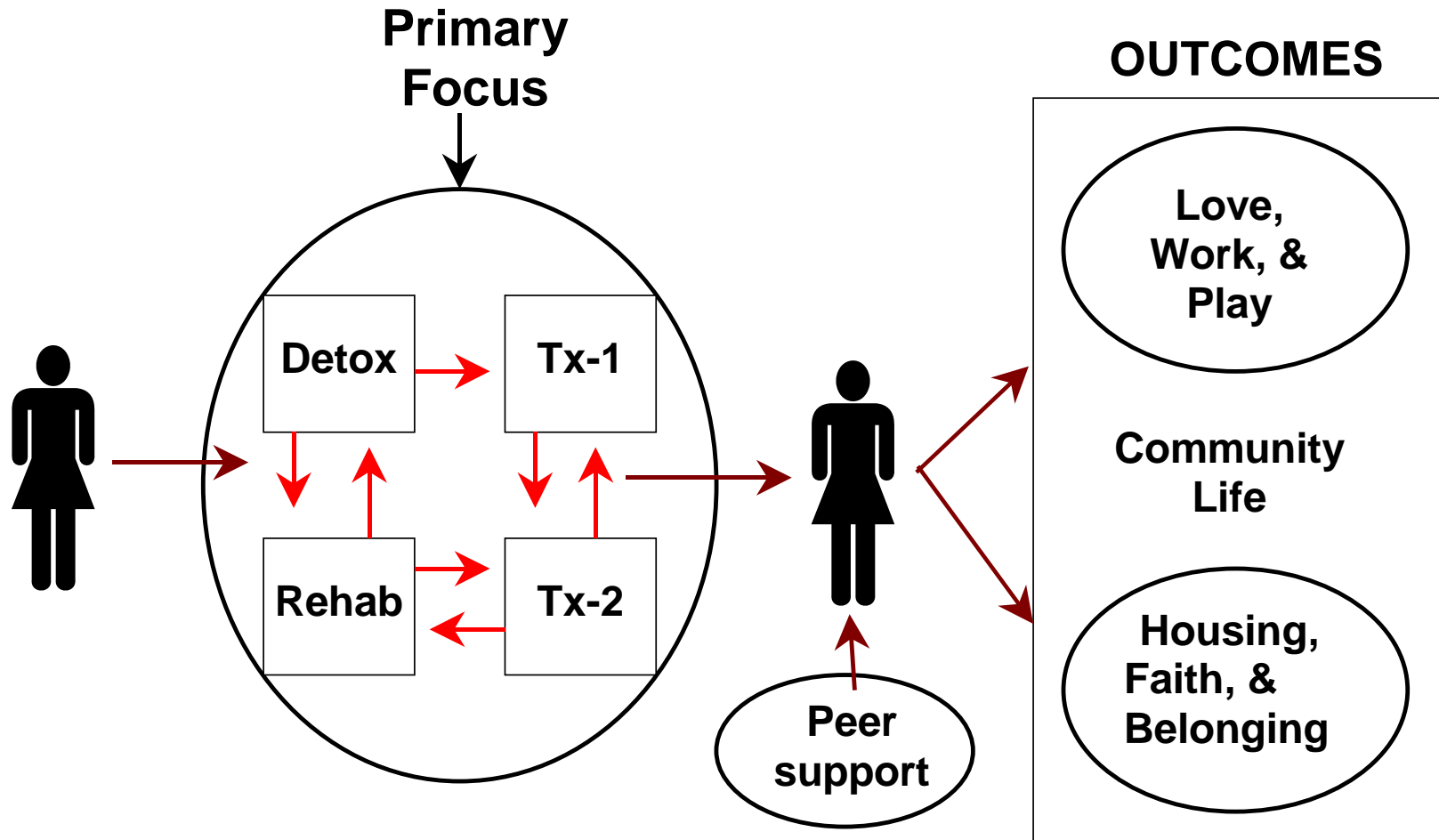


# Service System Progression Model 1: Effective Treatment

## OUTCOMES

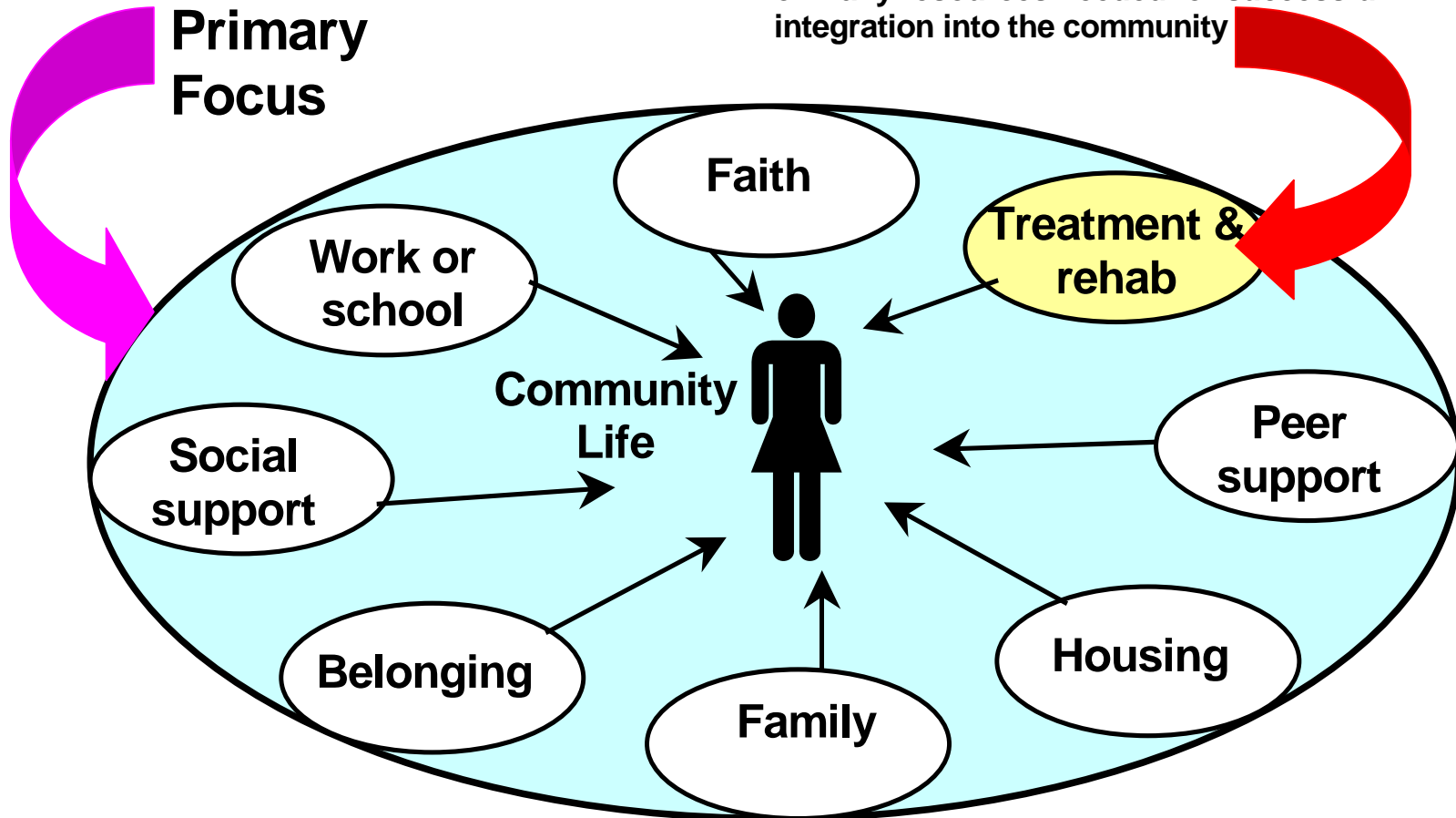


# Service System Progression Model 2: Continuity of Care



# Service System Progression Model 3: Recovery-oriented System of Care

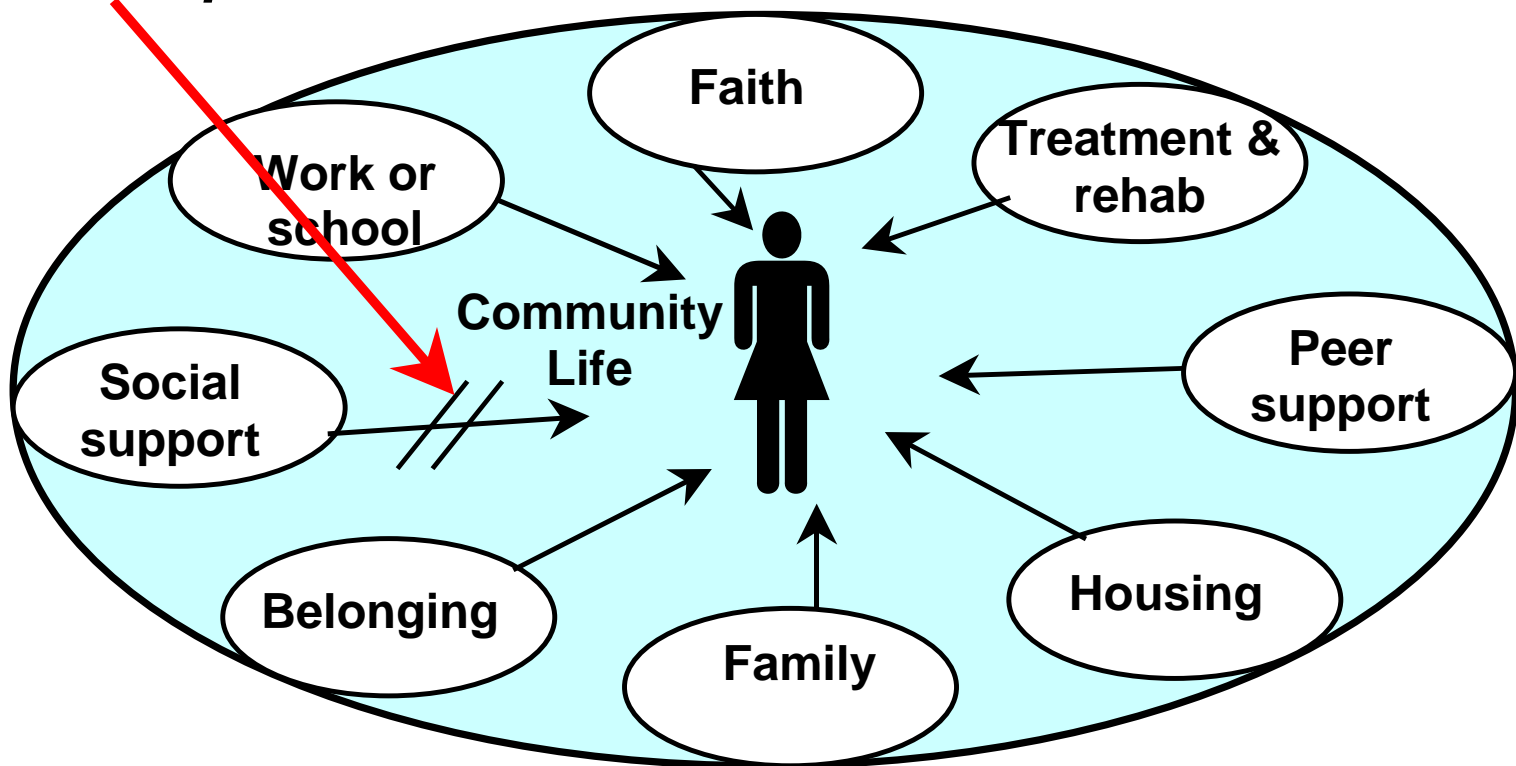
In the model, clinical care is viewed as one of many resources needed for successful integration into the community



# Risk and Resilience Model

What connections are not yet in place for this person and what needs to be done to establish or cultivate them?

*For example*



# Benefits of ROSC's cities & states

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- Higher rates of sustained recovery resulting in improved quality of life for citizens, families and communities
- More efficient and effective treatment systems
- Public resources are leveraged with non-governmental (private/community-based) resources

# Benefits of ROSC's cities & states

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- ❑ Government resources are maximized because of the emphasis on inter-agency coordination and collaboration
- ❑ Greater numbers of individuals who are employed or pursuing higher educations (move to taxpayers)
- ❑ Increased consumer/person in recovery satisfaction
- ❑ Voice of Recovery Community

# CONTACT INFORMATION

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